

# Run to the Sea Bournemouth

**Saturday 3rd October 2026**

Take on a stunning 50km point-to-point ultramarathon from forest trails to coastal paths. Run to the Sea Bournemouth offers a flat, scenic route ideal for both first-time ultrarunners and experienced athletes looking for a fast time or a memorable challenge.

## Challenge Option

- 50km Ultramarathon – trail and coastal route

## Route Highlights

- Castleman Trailway, forest paths, and Bournemouth seafront
- Fully signed course with GPS route file
- Finish at Hengistbury Head with sea views

## Support Includes

- Staggered start between 07:30–07:55
- 4 feed stations at approx. 10km intervals
- Option to send personal nutrition to feed stations
- Chip timing, medical support, and predictive tracking
- Bespoke medal, finish goodies, and free downloadable photos

## Funding Options

You can take part in Run to the Sea- Bournemouth 2026 in support of Dingley's Promise, whether you choose to self-fund your place or opt for a fundraising package that helps cover your entry fee with a fundraising target.

### Self-Funded Place

£75 entry fee + fundraise what you can

### Funded Place

We will pay for your place with a commitment to a minimum fundraising target  
50K Ultra Marathon + £550 fundraising target

To sign up email [fundraising@dingley.org.uk](mailto:fundraising@dingley.org.uk), and you'll receive a Dingley support kit, help setting up your JustGiving page, and encouragement and support on your fundraising journey.