

# Gower Peninsula Ultra Challenge

**Saturday 18th - Sunday 19th July 2026**

Take on a spectacular challenge in the UK's first designated Area of Outstanding Natural Beauty. The Gower Peninsula Ultra Challenge offers a figure-of-eight route from the historic Penrice Castle basecamp, with stunning views of golden beaches, limestone cliffs, wild moors, and ancient woodlands. Whether you walk, jog, or run, this fully supported event is perfect for individuals or teams of all fitness levels.

## Challenge Options

- Full Continuous 100 km - West & East loops
- 2-Day Daylight 100 km - with optional camping
- Three Quarter Challenge - 75 km
- 1st Half Challenge (West Loop) - 50 km
- 2nd Half Challenge (East Loop) - 50 km
- Marathon Loop - 42 km
- 25 km Challenge (West Loop)
- 10 km Loop Challenge

## Support Includes

- Fully signed route with GPS tracking
- Rest stops every ~12.5 km with food, drink, medical and massage teams
- Hot meals, snacks, and drinks included
- Medal, finisher's T-shirt, and glass of fizz at the finish
- Camping, transfers, and celebration at basecamp

You can take part in The Gower Peninsula Ultra Challenge 2026 in support of Dingley's Promise, whether you choose to self-fund your place or opt for a fundraising package that helps cover your entry fee with a fundraising target.

If you'd prefer to cover the entry fee yourself, you're free to fundraise whatever you can. There's no pressure, just raise what feels right for you. Every step you take helps Dingley's Promise support more families and make a real difference.

- Full Challenge (100km) - £199.00 registration fee + fundraising what you can
- $\frac{3}{4}$  Challenge (75km) - £169.00 registration fee + fundraising what you can
- $\frac{1}{2}$  Challenge (50km) - £139.00 registration fee + fundraising what you can
- $\frac{1}{4}$  Challenge (25km) - £89.00 registration fee + fundraising what you can
- 10K Challenge - £39.00 registration fee + fundraising what you can

## Funded Places

We will pay for you place with a commitment to a fundraising target to help Dingley's Promise continue supporting families in need.

- Full Challenge (100km) + £1250.00 minimum fundraising pledge
- ¾ Challenge (75km) + £1075.00 minimum fundraising pledge
- ½ Challenge (50km) + £900 minimum fundraising pledge
- ¼ Challenge (25km) + £600.00 minimum fundraising pledge
- 10K Challenge + £300.00 minimum fundraising pledge

To sign up email [fundraising@dingley.org.uk](mailto:fundraising@dingley.org.uk), and you'll receive a Dingley support kit, help setting up your JustGiving page, and encouragement and support on your fundraising journey.

Take the challenge, transform the first chapters of a child's life.

